

Cultural Wheel Activity

Each individual has values, identifiers, and groups that have shaped them throughout life.

- Consider and create a list of at least 10 values that describe you and impact your decision making.
- Identify, reflect, and create a list of at least 5 social and cultural diversity identifiers that describe you: age, race, ethnicity, gender, learning disabilities, intelligence, gender identity, sex, sexual orientation, religious affiliation).
- Identify and create a list of at least 10 social groups: relationships and family roles, hobbies, groups you are a part of including school, church, work, professional associations, and any others that come to mind.
- Fill the spaces on the wheel with the most important and meaningful items. Reflect to determine which ones have the strongest effect on how you see yourself as a person.
 1. Which of the items you listed on the wheel reflect choice?
 2. Did you focus more on values, diversity, or social groups? Why?
 3. Have these changed over time? Which ones? Why?
 4. Are there reasons for identifiers you did not include (privilege or oppression)?
 5. How could the identifiers you chose impact your work with supervisees?
 6. What will it be like to work with supervisees who share some of your identifiers?
 7. What will it be like to work with supervisees who don't share some of your identifiers?

Adapted from:

<http://blogs.oregonstate.edu/fyeuhds/files/2013/09/Identity-Board-Sample-2013.pdf>