

EMDR Basic Training Learning Checklist

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- ☐ Lightstream
- ☐ Reverse Spiral
- ☐ Safe Calm Place
- ☐ Container
- ☐ Floatback
- ☐ EMDR Standard Protocol
- ☐ TICES Log
- ☐ EMD
- ☐ Future Template
- ☐ Recent Event Protocol