



CCFAM Training
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Thank you for registering for the LPC & LMFT Supervisor Training Course!
We are including the Pre-Training Homework and additional materials needed to complete the homework.

This homework is worth 28 of the 40 hours needed to complete the Supervisor Training.

According to Rules and Code of Ethics, you have 90 days to complete all of the homework and the training. The 90 days begins on the day you register.

It is preferable for all homework assignments to be complete before we meet on the first day of the training. You can email them to training@ccfam.com once all of the homework is complete.

Pre-Training Homework for Clinical Supervisor Training -33 hours

First Section – Personality Essay and Assessment

What is your personality type and motivators?

Describe and list out (at least 5 of each) what you believe to be your dominant: Natural abilities
Acquired Skills

Go to humanmetrics.com and take the free Jung Typology Assessment.

Using the results from the above information, write a double spaced 5 page double spaced essay (Times New Roman, 14) on how your personality, natural abilities, and acquired skills have been an asset or hindrance for you as a licensed professional.

Within this essay also consider how personality, natural abilities, and acquired skills could be an asset or hindrance for you as a supervisor in the mental health field.

Second Section – Supervision Genogram

Two sheets have been included with this handout to use as a model for a supervision genogram.

Using the model, create a supervision genogram including at least 5 supervisors you have had in the mental health field including those while during your education and in your professional experience.

The genogram should include the approximate age of the supervisor, the gender, the type of theory or skills which were focused on, the professional context or setting where the supervision took place, the modes of supervision used by the supervisor, the nature of the supervisory alliance, and the personality characteristics of the supervisor.

Third Section – Cultural Genogram and Answers to Questions

An article has been included with this handout that explains how to create a cultural genogram.

Create a three-generation cultural genogram of your personal family background including race, ethnicity, sexual orientation, gender, any disability, and spirituality/faith orientation. If you are unable to complete this with information from your own personal family, choose someone you know personally and create a cultural genogram of their family background.

On page 232, the article includes “Questions to Consider While Preparing for the Cultural Genogram Presentation.” Choose 5 of the 20 questions to answer. Each question should have an entire page answer double spaced (Times New Roman, 14) with 5 pages total.

Fourth Section – Cultural Identity Wheel

A cultural identity wheel explanation and handout has been included.

Follow the instructions to complete your Cultural Identity Wheel.

Answer each of the 7 questions listed in the instructions with a half page answer double spaced (Times New Roman, 14). The cultural genogram, cultural genogram paper, cultural identity wheel, and cultural identity wheel paper will all need to be uploaded as one attachment for approval.

Fifth Section – Documents for Supervision

Use the drafts of the Supervision Informed Consent and Contract that apply to your license(s) to create your own. You may replace my personal information with your credentials, background, contact information, and experience.

Sixth Section – Movie and Questions for Supervisee

Watch Lars and the Real Girl or select a movie of your choice.

Decide who the “client” is in the movie. You will pretend that the client is a new client of your future supervisee. If you have your supervisee watch the movie and pretend it is his or her client, what questions would you want to ask to find out the level of experience your supervisee has in clinical skills/knowledge/theory or assessment of clients? You will likely supervise your supervisee for clients you will never meet or see and be relying on your supervisee to give you the information you need to know to help.

Your goal is to develop at least 3 questions for each level of Bloom’s Taxonomy that you could ask your supervisee about this client (or any client) to get him or her thinking beyond current awareness or skill level.

Seventh Section –Rules and Code of Ethics Questions and Answers

For those pursuing a supervisor designation with a Texas license:

Choose the Rules and Code of Ethics attachment that applies to your license.

Go to the BHEC Texas website and print out the Rules and Code of Ethics for your license.

Find the answers to the questions in the attachment from the website.

Submit the questions along with all the answers to complete the assignment.

For those pursuing a supervisor designation with a license in another state outside of Texas:

This activity involves creating a document of questions and answers from the rules and regulations in the state where you are seeking a supervisor designation.

Samples were provided from the Texas Rules.

Requirements upon submission (for supervisor designation outside of Texas):

The questions set should contain a minimum of at least 50 questions. A questions/answer document should accompany the question set.

Steps for completion:

Use the Texas documents as a guide for types of questions to include.

Highlight the rules for your state license that are ethically a high priority or misunderstood by professionals.

Change the highlighted rule into a question using the exact wording from the state guidelines.

Eighth Section – Supervision Session #1 (newer supervisee)

Watch this video of Dr. Johnson providing a supervision session:

<https://youtu.be/UuPC3qWbpOk>

Complete the outline and answer each of the questions below:

Outline the format of the supervision session.

How did the session begin?

What did the session include?

How did the session end?

How was the session similar or different from what you experienced in your personal supervision sessions?

What did you notice that you want to incorporate into your own supervision sessions?

What questions do you have about the session?

Ninth Section – RPT Supervision Session #2

Watch this video of Dr. Johnson providing a supervision session:

<https://www.youtube.com/watch?v=fkvmm2eYM8c>

Complete the outline and answer each of the questions below:

Outline the format of the supervision session.

How did the session begin?

What did the session include?

How did the session end?

How was the session similar or different from what you experienced in your personal supervision sessions?

What did you notice that you want to incorporate into your own supervision sessions?

What questions do you have about the session?

Tenth Section – Reading Pace Setter

The book, Pace Setter, will be mailed to you.

Consider how to complete a Vision Frame for your current setting with the addition of supervisees. A quiz will be given to complete based on the reading content before the completion of the training.

Eleventh Section – Reading The New Handbook of Counseling Supervision

You will need to purchase and order the book, The New Handbook of Counseling Supervision. A quiz will be given to complete based on the reading content before the completion of the training.

These homework assignments are ones that you may also choose to use with a future supervisee. Please keep this in mind by making sure that the work you turn in is of a quality that you would expect from a supervisee.

****Your work must reflect 28 hours worth of credit for this course.****