

### Required Readings

1. Shapiro, Francine. 2018. Eye Movement Desensitization and Reprocessing (EMDR) Therapy, Third Edition: Basic Principles, Protocols, and Procedures. New York: Guildford Press.
2. Go With That Magazine, Fall 2020, Volume 25, Issue 3. [EMDR & Racial Trauma]
3. Guidelines for Virtual EMDR Therapy. Spring 2020.