

Supervisor Training LMFT Questions and Answers

1. Group supervision for LMFT Associates must have at least how many participants?
3
2. What is the maximum number of participants in an LMFT Associate supervision group?
6
3. How many LMFT temporary licensees may participate in supervision for it to be considered individual supervision?
2

Professional Representation

4. When informing of qualifications, capabilities, background, training, experience, education, professional affiliations, fees, products, or publications, what shall all licensees avoid?
False, misleading, deceptive, fraudulent or exaggerated claims about services
5. An LMFT licensee shall not encourage or allow a client to hold an exaggerated idea about what?
Efficacy of services
6. If an LMFT learns of a misrepresentation, exaggerated or false claim, or false, deceptive, or fraudulent statement made about his or her services, what should be done?
The licensee shall take immediate or reasonable action to correct the statement.

Relationships with Clients

7. An LMFT shall only provide services in the context of what type of relationship?
A professional relationship
8. What five things shall be made known in writing to a prospective client of an LMFT as the important aspects of the professional relationship?
1)Licensee status (including restrictions), 2)office procedures, 3)after hours coverage, 4)fees, and 5)arrangements for payment
9. What should an LMFT licensee obtain before providing professional services?
Appropriate consent
10. What shall an LMFT licensee make reasonable efforts to determine concerning conservatorship, guardianship, or parental rights of the client?
Whether or not they have been modified by a court

11. If conservatorship, guardianship, or parental rights have been modified by a court, what must an LMFT obtain, review, and keep in the client's record?
The custody agreement or court order
12. What limitations shall an LMFT shall make known in writing?
Limitations of confidentiality
13. An LMFT shall not be given or receive any rebate or remuneration for what?
Referral of clients for professional services
14. An LMFT licensee shall not engage in activities which seek to put his or her own personal needs over what?
The needs of his or her client
15. An LMFT shall not provide services to whom?
1)Family members, 2)personal friends, 3)educational associates, 4)business associates, or 5)others whose welfare might be jeopardized by such a dual relationship
16. What types of boundaries must an LMFT set and maintain?
Professional boundaries
17. What state does not require a licensee to notify medical personnel and/or law enforcement when a client threatens harm to someone else?
Texas
18. In group therapy settings, from what must an LMFT licensee take reasonable precautions to protect individuals?
Physical or emotional trauma
19. What type of relationship shall an LMFT licensee make a reasonable effort to avoid with clients or former clients?
Non-therapeutic relationship
20. What is an LMFT allowed to bill clients or third parties for?
Services that are actually rendered or agreed to in writing
21. What should an LMFT do when a client is not benefiting from a professional relationship?
End the relationship
22. If a client still requires mental health services, how shall the LMFT licensee make reasonable efforts to refer the client to appropriate services?
Put the resources in writing

23. What two things must an LMFT licensee who engages in technology-assisted services provide the client?
The licensee's license number and how to contact the Council
24. On what three things shall an LMFT base his or her services to a client?
1)Assessment, 2)evaluation, or 3) diagnosis of the client
25. Regarding treatment of a client, what shall an LMFT licensee evaluate on a continuing basis?
The client's progress
26. If an LMFT finds out a client is illegally using alcohol or drugs, what shall he or she not do?
Promote or encourage the illegal use of drugs or alcohol
27. What must an LMFT licensee do before knowingly offering or providing professional services to an individual concurrently receiving services from another provider?
Inform the other provider
28. What should an LMFT do upon becoming aware of any unlicensed practice of marriage and family therapy services?
Report to the Council
29. An LMFT shall not enter into a non-professional relationship with what 3 types of people?
1)Family members of a client or 2)any person with a personal relationship with a client or 3)any person with a professional relationship with a client

Sexual Misconduct

30. What is the term for the pattern, practice, or scheme of conduct, which may include sexual contact, that can reasonably be construed as being for the purposes of sexual arousal, gratification, or abuse for any licensee?
Sexual exploitation
31. What is therapeutic deception?
Representation by any licensee that sexual contact or exploitation is consistent with or part of a client or former client's counseling
32. With what types of people shall an LMFT licensee not engage in sexual contact?
1)A client or a former client, 2) a student over which the licensee has clinical or administrative responsibility, and 4)a supervisor or supervisee of the licensee

33. An LMFT shall not provide therapeutic services to a person when they have previously had what type of relationship?
A sexual relationship
34. An LMFT may not use what three reasons as a defense for sexual contact, exploitation, or deception?
1)Consent of the client, 2)being outside of professional counseling sessions, or 3)being off the premises of counseling sessions

Testing

35. If an LMFT administers any test, what must be disclosed to the client prior to or following administration?
The purpose and explicit use to be made of the test
36. What must an LMFT acquire before administering a test?
Appropriate training and experience

Drug and Alcohol Use

37. In what manner shall an LMFT not use alcohol or drugs?
A manner that adversely affects the licensee's ability to provide marriage and family therapy services

Record Keeping, Confidentiality and Release of Records, and Required Reporting

38. If required by the statutes, an LMFT licensee shall report information concerning what five circumstances (not including harm to self or someone else)?
1)Abuse or neglect of minors, 2)abuse, neglect, or exploitation of elderly or disabled persons, 3)abuse, neglect, and illegal, unprofessional, or unethical conduct in mental health, chemical dependency, or hospital, 4)sexual exploitation by mental health provider, and 5)the treatment of a sex offender
39. With reasonable cause to suspect that a client has been the victim of sexual exploitation, sexual contact, or therapeutic deception by another licensee or mental health services provider, how long does the LMFT licensee have to report alleged misconduct?
30 days
40. To whom must an LMFT report reasonable cause to suspect that a client has been the victim of sexual exploitation, contact, or therapeutic deception?
The district attorney, the Council, and any other state licensing agency
41. Before making a report of reasonable cause to suspect that a client has been the victim of sexual exploitation, contact, or therapeutic deception, an LMFT shall inform whom?
The alleged victim

42. What shall an LMFT determine regarding the alleged victim before making a report about sexual exploitation, contact, or therapeutic deception?
If the alleged victim wants to remain anonymous
43. In the event an LMFT is reporting another licensee, what four things need to be included in the report?
1)The reporter, 2)the alleged victim, if not anonymous, 3)suspicion of exploitation, contact, or therapeutic deception, and 4)the name of the alleged perpetrator
44. An LMFT licensee's accurate records of therapeutic services shall be kept and include what 4 things?
1)Dates of services, 2)types of services, 3)progress or case notes, and 4)billing information
45. How long should an LMFT keep accurate records for an adult client?
Seven years
46. How long should an LMFT keep accurate records for a minor client?
Five years beyond when the client turns 18, or seven years, whichever is longer
47. For what three circumstances must an LMFT have a plan established for the custody and control of all mental health records?
1)Death, 2)incapacity, or 3)termination of professional services

Licensees and the Council

48. How many days does an LMFT have to report name changes, changes in home or business address or phone number, employment setting, or other changes?
30
49. How many days does an LMFT licensee have to report the granting of an academic degree relevant to the practice of marriage and family therapy?
30
50. How many days does an LMFT have to report the licensee's arrest (other than class C), filing of criminal case, criminal conviction, or filing of disciplinary action by another licensing agency?
30

Consumer Complaint Information

51. With what three pieces of information and statement must all licensees provide for the client should the client want to make a complaint?

The council's name, mailing address, and telephone number, as well as the following statement:

NOTICE TO CLIENTS: The Texas Behavioral Health Executive Council investigates and prosecutes professional misconduct committed by marriage and family therapists, professional counselors, psychologists, psychological associates, social workers, and licensed specialists in school psychology. Although not every complaint against or dispute with a licensee involves professional misconduct, the Executive Council will provide you with information about how to file a complaint. Please call 1-800-821-3205 for more information.

51. An LMFT must provide the name, address, and telephone number of the Council on one of what three areas?

1)Application for services, 2)a sign prominently displayed in the place of business, or 3)on a bill for therapy services

Advertising and Announcements

52. What type of information shall not appear on any announcement of services, letterhead, business cards, commercial products and billing statements for an LMFT licensee?

False, inaccurate, misleading, incomplete, out of context, deceptive or not readily verifiable information

53. What is the highest academic degree an LMFT may use when advertising?

The highest degree in a counseling-related field

54. If an LMFT advertises or announces a non-counseling degree from an accredited university, what must be specified?

The subject of the degree

55. Under what circumstance may an LMFT licensee, when advertising, compare his or her services with another health care professional?

When it is factually substantiated

56. An LMFT licensee shall not advertise that what two things may be waived or are not applicable if they are required when the client is using insurance benefits?

The copay and the deductible

57. What titles may a fully-licensed LMFT use to advertise his or her licensure status?

Licensed Marriage and Family Therapist or LMFT

58. What titles may one holding a temporary LMFT license use to advertise licensure status?

Licensed Marriage and Family Therapist Associate or LMFT Associate

59. What titles may a fully licensed LMFT Supervisor use to advertise supervisor status?

Licensed Marriage and Family Therapist Supervisor, LMFT-S, or LMFT Supervisor

Research and Publications

60. Along with ensuring a subject in research does not suffer emotional and physical harm, an LMFT licensee shall also ensure the subject does not suffer from what type of harm?

Social effect

61. When obtaining data from a professional counseling relationship, of what shall an LMFT ensure full protection?

The client's identity

62. When conducting or reporting research, what must an LMFT do before sharing details of the current research?

Give recognition to previous work

63. What must an LMFT licensee give to persons who have contributed significantly to the licensee's research or publications?

Credit

Technology-Assisted Services

64. An LMFT providing services outside the state of Texas must comply with what laws?

The laws and rules of the Council and of the out-of-state regulatory authority

65. An LMFT providing technology-assisted services shall meet the same standards as whom?

Licensees practicing in traditional settings

66. To ensure the competent delivery of services by technology-assisted means, what must an LMFT maintain?

An appropriate level of education, training, or experience in using relevant technology

67. How many continuing education hours of technology-assisted services must be done every renewal period by an LMFT offering technology-assisted services?

2

68. What must be verified by an LMFT to the most reasonable extent possible at the onset of each session before providing technology-assisted services?
The location and identity of the client
69. What shall an LMFT licensee disclose to the client at the onset of each technology-assisted session?
The identity of the licensee
70. What must be obtained and verified before an LMFT provides technology-assisted services to a minor?
Consent from a parent or guardian
71. What are the 11 requirements on the informed consent of an LMFT providing technology-assisted services?
1)Identification of the client and therapist(s); 2)list of technology-assisted services; 3)client agreement that condition is appropriate for technology-assisted service; 4) security measures; 5)secure protocols and back-up plans; 6)credentials or training in technology-assisted services; 7)risks and benefits of technology; 8)emergency procedures to follow; 9)information collected and passive tracking mechanisms used, 10)third-party websites used to facilitate technology-assisted services; 11) encryption type, record security, and the archival storage period

Academic Requirements

72. How many hours of coursework in a mental health field are required for LMFT licensure?
60

Academic Course Content

73. An applicant starting coursework on or after August 1, 2017, must have coursework in what 8 areas?
1)Theoretical foundations; 2) assessment and treatment; 3) human development; 4) psychopathology; 5) professional ethics; 6) professional research; 7) treatment of addiction and management of crisis situations, and 8) clinical internship
74. An applicant must have how many experience hours during his or her internship?
300
75. How many experience hours in the internship must be direct client contact?
150 hours
76. An LMFT applicant must have a minimum of how many practicum experience hours of direct client contact with couples and families?
75

Academic Requirements and Supervised Clinical Internship Equivalency for Applicants Currently Licensed in Another Jurisdiction

77. In order for his or her academic requirements to be met, an LMFT applicant must have been licensed in a United States jurisdiction for how long?

Two years

Supervised Clinical Experience Requirements and Conditions

78. Of the 3000 hours of experience required, how many direct clinical service hours are required for the LMFT Associate?

1500

79. How many of the LMFT Associate's direct experience hours can be by technology-assisted services?

500

80. How many of the LMFT Associate's direct clinical service hours must be in work with couples or families?

500

81. How many hours of council-approved supervision are required for an LMFT Associate?

200

82. How many hours of supervision can be by telephonic services?

50 hours

83. How many hours of supervision can be by live video?

Unlimited

84. The remaining number of the LMFT Associate's required hours may include, but not be limited to what 4 activities?

1)workshops, 2)public relations, 3)writing case notes, and 4)consulting with referral sources

85. How many internship hours in excess of the required number from a COAMFTE program may the LMFT count towards experience hours?

500

86. Of these excess hours from a COAMFTE program counted towards experience hours, how many hours may be direct clinical services to couples and families?

250

87. How many internship hours in excess of the required number from a non-COAMFTE program may the LMFT count towards experience hours?

400

88. Of these excess hours from a non-COAMFTE program counted towards experience hours, how many hours may be direct clinical services to couples and families?
200
89. How many hours of required council-approved supervision for LMFT licensure can be transferred from the graduate program?
100
90. Within how many days of the initiation of supervision, must a Supervisory Agreement Form be submitted to the Council?
30 days
91. How many supervisors is an LMFT Associate allowed to have at any given time?
2

Supervisor Requirements

92. How long must an LMFT licensee have his or her license before becoming a supervisor?
Three years
93. What type of licensee may not be the employee of an LMFT Associate?
An LMFT Supervisor
94. To what degree must a LMFT Supervisor not be related to his or her supervisee?
2nd degree by affinity or 3rd degree by consanguinity
95. What items shall the LMFT Supervisor maintain in the supervision file?
1) Photocopy of Supervisory Agreement Form, 2) proof of Council approval of SAF, 3) record of all locations where the LMFT Associate will practice, 4) the date of each supervision conference and the total number of hours of experience with clients and with couples or families, 5) any written remediation plan
96. Who is responsible for the activities of the LMFT Associate?
The supervisor and LMFT Associate
97. Who must ensure that the LMFT Associate is aware of and is adhering to all statutes and rules?
The supervisor
98. What is an LMFT Supervisor's maximum number of supervisees?
12

99. How many hours of supervision practices must an LMFT complete each renewal period?
3
100. What must be completed each renewal period by an LMFT Supervisor?
The jurisprudence exam
101. What shall an LMFT Supervisor provide to all supervisees if the supervisor's license expires?
Reimbursement for supervision
102. Under what conditions may an LMFT Supervisor be compensated?
When the supervision is not part of the supervisor's regular job responsibilities as a paid employee

Licensure and Jurisprudence Examination

103. Which two exams can be accepted towards LMFT Associate licensure?
Association of Marital and Family Therapy Regulatory Boards or the State of California Marriage and Family Therapy Exam

LMFT Associate License

104. How many months is the LMFT Associate licensed issued for?
24 months
105. For what length of time can the LMFT Associate license be renewed?
72 months
106. What is the only exception to the maximum period of the LMFT Associate's license renewal?
The LMFT Associate has not completed 750 hours of direct experience to couples and families
107. What is the maximum number of months that can be granted to an LMFT Associate to fulfill the experience requirements for licensure?
96
108. If requirements are not met in the maximum time frame, what must the LMFT Associate do?
Reapply for licensure and pass the exam no more than six months before application

Continuing Education Requirements

109. How many hours of continuing education must be completed by an LMFT each renewal period?
30

110. For an LMFT completing his or her 30 clock hours of continuing education required each renewal period, how many hours may be delivered through a learning format that does not accommodate real time interaction?
15
111. How many hours of supervision practices must an LMFT Supervisor complete each renewal period?
3
112. All LMFT licensees are required to complete how many hours of ethics each renewal period?
6
113. How many hours of continuing education must an LMFT Associate complete each renewal period?
15
114. Of the required number of continuing education hours for an LMFT Associate to obtain license renewal, how many hours must be delivered through a format that accommodates real-time interaction?
9
115. For license renewal, what must an LMFT affirm or demonstrate in regard to a training course on human trafficking prevention?
Successful completion