

EMDR Consultant Agreement

This agreement is made between Dr. Rhonda Johnson LPC-S, LMFT-S (Consultant in Training) and _____ (Consultee).

Consultant: Dr. Rhonda Johnson is EMDRIA trained, certified, and a Consultant in Training. This consultant has been practicing for 21 years. Her specialty is children and this includes foster care issues, attachment, and play therapy. Consultation is also provided on working with adults. Any specialty areas regarding adults with significant substance abuse issues should be addressed with another consultant. The consultant is also a Registered Play Therapy Supervisor credentialed by the Association for Play Therapy.

Consultees: Consultees are to be licensed in their field or in the process of licensure and practicing within their competencies. Consultee affirms that she/he is credentialed to practice psychotherapy in his/her own jurisdiction, maintains malpractice insurance (or maintained by agency where employed a) and that the Consultee is solely responsible for the nature and quality of the services provided to the Consultee's clients. Consultees are expected to abide by their respective professional organization's code of ethics. Consultees are required to have EMDRIA level 1 and Level 2 (also known as Basic) training completed prior to this consultation.

Nature of the Consultation: The consultee is seeking to increase their skill level in EMDR. Specific learning can include perceptual, conceptual, technical and practical application of EMDR as a method of psychotherapy. We can also discuss case formulation and treatment planning of clients in regards to EMDR. As a consultant, my role is to assist you in developing and enhancing your skills with EMDR through education and feedback. Consultation can also assist you towards your certification in EMDR. Consultation for EMDR may not be "double counted" towards the Registered Play Therapist designation, although consultees may receive consultation from this consultant for both approaches.

Limits of Consultation: Consultation is not supervision under licensure. It is expressly understood that no supervision or relationship exists between the Consultant and Consultee. No identifying information about clients is to be shared.

Confidentiality: Consultee will obtain a written informed consent from the client prior to presenting any confidential case material (such as video tapes of sessions) to the Consultant. I will maintain all confidentiality.

Certification in EMDR: Research in EMDR shows that if a practitioner shows fidelity to the EMDR protocol and treatment principals, that this directly predicts degree of client's improvement. Consultees are expected to be proficient in EMDR by the time they request certification. 20 sessions of consultation has been established as the minimum acceptable to EMDRIA for EMDR Certification.

In order for the Consultant to write a letter in support of EMDRIA certification, the consultee must provide the following:

Please ***initial*** each statement only if you are going for certification:

- Consultees are required to have read Dr. Shapiro’s Second Edition of EMDR before or during the Certification process. Discussions will occur during consultation time.
- Consultees must keep track of their EMDR sessions of clients
- One videotape of an EMDR session with a client
- Detailed notes of your EMDR sessions through the Case Consultation form.
- Complete the Adult consultation form and/or Youth consultation form and forwarding it to the Consultant at least one day prior: by 7:00pm the day before.
- The consultee will check the EMDRIA website for proper certification hours and what is expected of them prior to the consultant writing the letter.

****If less than four consultations occur, the consultant will write a letter to EMDRIA based on those consultations and it will be written in the letter that no videotape was presented.**

Consultations will occur via Zoom or doxy.me.

Date: I have read, understand and agree to the above conditions in this letter of agreement.

Signature of Consultee: _____ Printed Name: _____

Signature of Consultant: _____ Printed Name: _____